



Our Impact

Since 2004, First Tee has been integrating the First Tee School Program into PE classes across the country. We've equipped educators at elementary and middle schools with our curriculum built around the game of golf, while positively impacting kids through both the game and its inherent ability to improve social emotional learning (SEL) skills.

We Build Experiences that Build Character

First Tee School Program aims to create a safe introduction to golf and opportunities to build the strength of character for today's students. Through our curriculum that is aligned with SHAPE national standards, the lesson plans integrate basic golf, motor skills, and positive development while allowing teachers to confidently introduce golf in their physical education classes.

It's About More Than Golf

With the belief that all kids deserve the chance to grow in a supportive environment with mentors guiding them, we are dedicated to building programs that are accessible, welcoming, and as impactful as they are fun.



An analysis of students in SEL programs showed:

- 11 percentile-points gained in academic achievement versus students who didn't participate
- 27% more likely to report positive social behavior (daily behaviors related to getting along with and cooperating with others)
- 25% more likely to report positive attitudes (self-esteem, self-concept, liking and feeling connected to school, etc.)
- 5% more likely to report fewer conduct problems (aggression, disruptiveness, etc.)

Casel (2011), *The impact of Enhancing Students' Social and Emotional Learning: A Meta-Analysis of School-Based Universal Interventions.*

Changing the Game for Teachers & Students

Results from an independent review revealed that teachers agree the First Tee School Program is safe, fun and engaging for their students.

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“While teaching [this program], the confidence level of students improves from beginning to end of the lesson.”

– Physical educator, Kingwood, TX

“This program is everything you are looking for. It’s fun, engaging and resourceful in so many ways.”

– Melissa Argenzio, La Casa de Esperanza Charter School

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98% of teachers agree that **students have fun while participating** in their First Tee program

98% of teachers agree that **students learn the basic skills of golf** by participating in their First Tee program

84% of teachers agree that **students know more about positive behaviors** by participating in their First Tee program.

First Tee & The Bridgespan Group Report (2019)

In Summary

Research reveals **convincing evidence** that youth involved in our programs transferred life skills to multiple settings and learned and used life skills through the game of golf. Our curriculum, combined with trained educators, **empowers participants** with a set of skills that prepares them for a lifetime of new challenges.



Weiss MR (2016), *Evaluation of First Tee in Promoting Positive Youth Development: Group Comparisons and Longitudinal Trends*

